

INDIVIDUAL/PAIR ENTRY FORM

This form is for –

- Individuals and pairs to fill in. If you are working with different people for pair work please fill in one form per pair. There is no need to repeat information if you have already entered it on your team form.
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ASSOCIATION:

INSTRUCTOR:

NO	NAME/S OF YOU AND YOUR PARTNER IF YOU HAVE ONE	AGE	GRADE (Kup/Dan)	TICK HERE IF: COMPETING IN INDIVIDUAL POOMSAE	TICK HERE IF YOU ARE COMPETING IN ONE STEP SPARRING	TICK IF YOU WANT TO ENTER SPEED KICKING.	ENTER HEIGHT IN CMS IF COMPETING IN FLYING SIDE KICK COMP.	ENTER WEIGHT IN KGS IF COMPETING IN POWER KICKING.
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2								

PLEASE COULD ALL COMPLETED ENTRY FORMS AND £25 ENTRY FEE PER PERSON BE SENT/EMAILED:

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